Bring the Dairy Fairy to life in this color by number

Dairy delivers a strong body and a healthy smile. Eat 3 every day!



stldairycouncil.org

Dairy foods like milk, cheese, and yogurt are good for building strong bones and teeth. Help the Dairy Fairy collect dairy foods on her way to healthy smiles.



THeNutritionEducationPeople stldairycouncil.org